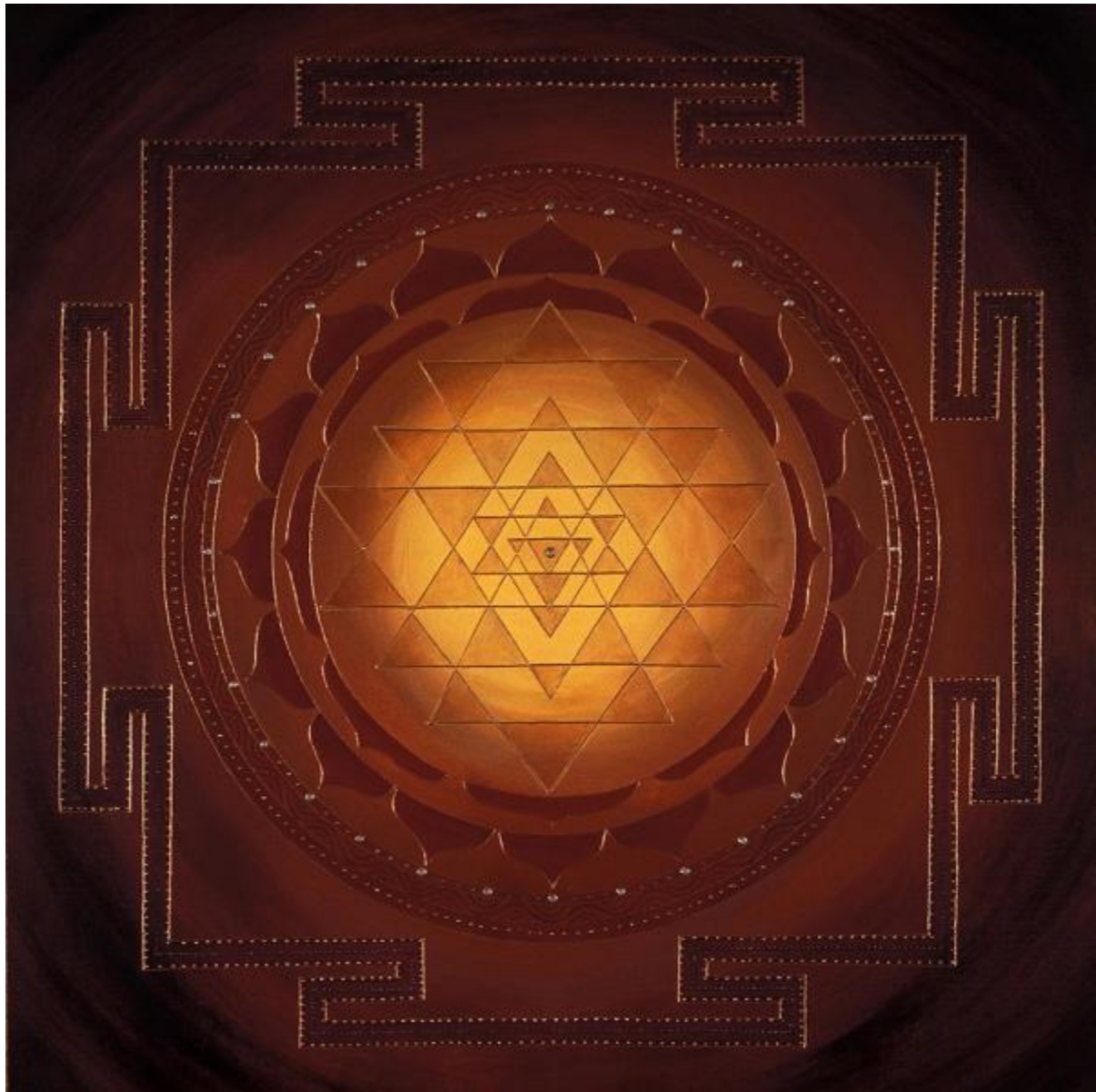


The Shri Yantra is a good example, because here the energetic elements very clearly form a unity, which is dedicated to the goddess of fortune, Lakshmi.



The Shri Yantra consists of a combination of nine triangles of different angles and sizes which penetrate each other. Five triangles are arranged in such a way that their horizontal lines are parallel and the other four triangles are arranged in the exact opposite direction. The figure that is formed by these triangles contains 43 small triangles with each one of them manifesting its own specific energy. The nine penetrating triangles represent the process of creation. The five triangles pointing from the top to the bottom represent the male impulse of creation known as Shiva, while the four triangles pointing from the bottom to the top represent the female power of creation known as Shakti. Taken together the two form a dynamic field of force in which the cosmic creation takes place.

The Sri Yantra: The Sri Yantra is one of humankind's most ancient symbols. For many millennia the Sri Yantra has been used to invoke good fortune, wealth, health, and as an aid for meditation. Nowadays, various research scientists have shown interest in this ancient Vedic yantra. The renowned American physicist Dr. Patrick Flanagan calls the Sri Yantra the 'king of power diagrams' and describes its energetic effect as seventy times greater than that of a pyramid construction. This means that a three centimetre Sri Yantra possesses a greater energetic effect than a two metre pyramid. The Sri Yantra's extraordinary energetic power depends upon its exact geometry. This complex geometry is the key to its effect and has interesting mathematical implications. In this yantra you find not only the 'Golden Section' but also parallels to the geometrical structure of the hydrogen atom and to the ratios of its emission lines. In line with the original Sri Yantra, we (the international Vasati company) have precisely reconstructed the Sri Yantra's exact geometry and have given it a synergetic colouring. The Sri Yantra is auspiciously placed in the north or northeast of a room or building. The flat side of the central triangle (with a dot in the centre) should face upwards. The Sri Yantra can also energise food, beverages, or other things. Simply place appropriate items on the yantra and let them stand there for a few minutes (the longer the better). The flat side of the Sri Yantra's central triangle should be facing east.

Geometric element Meaning

Circle	Energy of the element	water
Square	Energy of the element	earth
Triangle	Energy of the element	fire
Diagonal lines	Energy of the element	air
Horizontal line	Energy of the element	water
Vertical line	Energy of the element	fire

Point Energy of the element ether

Furthermore, more complex geometric elements may be used, the energetic classification of which may be derived from the corresponding context.

Colors: Yantras may be multi-colored or all one color. Although yantras also have an effect when they are all one color, the energetic influence and clarity are being amplified by the use of colors. The color spectrum represents the spectrum of the subtle energies. The colors are assigned to the different planets and each direction, and they will be used if the energy of a certain planet or direction is to manifest in the yantra. If you draw the same yantra in different colors, you will get yantras with slightly different effects. Symbols: Symbols are another important part of yantras, because they symbolize the subtle power of a certain planet, entity or object. Traditionally such symbols are being used all over the world in geomantics in order to influence the energies of the earth and space.

The power of symbols is not exclusively due to their psychological effect, because otherwise it would not be possible to prove some effect on plants or other natural energetic systems independent of a human observer. The positive effect of such affirmations can be proven by the aid of modern photographic methods. Water exposed to positive affirmations crystallizes in wonderfully beautiful harmonious forms, whereas water exposed to negative affirmations crystallizes in disharmonious, chaotic forms. For this reason, most yantras contain written elements in addition to the geometric elements and symbols. In general these writings are in Sanskrit, as Sanskrit has an especially energetic effect. The letters of Sanskrit are vibration images representing the sound image of the corresponding sound. Sanskrit words or sentences written or pronounced, aiming at manifesting certain energy, power or entities are called mantras.

A mantra is a written or spoken sound vibration, which has the power to free the mind. According to Vedic tradition every energy, power or entity has its own mantra, by which it can be addressed. In the Vedic world view, every planet is dominated by a certain aspect of God. These aspects are presented in the form of 10 yantras. It is completely safe to apply them, they cannot have any negative effects, because they do not simply amplify the power of the planet they represent, but balance it in an intelligent way. For instance, if a certain planet is weakened, it will be strengthened by the yantra, while its effect would be neutralized, if it developed a negative effect due to its attacked position. You apply the yantras according to a very simple principle. If you find a Vastu defect in the house or on the plot, you find out first which planet is affected by this. Once you have identified one or more planets, you place a yantra to the spot affected, respectively. In most cases you fix the yantra on the wall; the height of the yantra depends on the yantra selected. The following chart provides an overview for the height

of each yantra. The details given in the right column refer to the body of the person most affected.

Planet	Height
Sun	Heart
Venus	Solar plexus
Mars	Spleen
Rahu	Coccyx
Saturn	Spleen
Moon	Neck
Mercury	Eyes
Ketu	Crown of the head
Jupiter	Crown of the head

Another possibility consists in applying the yantras directly under the ceiling or on the floor. In this case, it is important to position the yantra in such a way that its head (the side opposite the mantra, the upper side) is directed towards the east. The following examples from practice should illustrate this principle:

Example: In general, a kitchen in the west of a house does not have enough fiery energy in order to sufficiently energize the food prepared there. Therefore, it is useful to apply a spiritual Mars Yantra in the center of the kitchen under the ceiling so that the head of the yantra points towards the east.

Example: If a toilet is in the north-east of a building, you can apply a spiritual Jupiter Yantra outside the toilet above the door, as the toilet has an effect on planet Jupiter.

Example: If there is a big cupboard on the east side of the living room which cannot be moved, the flow of the solar life energy is blocked. This defect can be partly balanced by putting a spiritual Sun Yantra directly on the cupboard. It should be fixed in the height of the heart. Here it is not important whether the yantra can be seen from outside or not. It can also be put behind books or inside a drawer.

Living with the nine planets

According to Vastu, all forces and influences of the universe which have an effect on man can also be found inside the house. By the help of the effective and simple system of the nine planets of our sun system we can very easily understand these influences. By referring to these nine planets the astrological systems of all cultures describe very precisely the forces on man, which influence his fate like invisible threads. All areas of living of a human being are represented by the nine planets and their interaction so that their position can be seen as a reflection of the life situation of a man or a house. Just like the various areas of life are dominated by individual planets, each direction, each function of a room, each building material and each other detail of a house is under the influence of a certain planet. Inside the house there is a lively exchange between these things and therefore also between the nine planets by which the inhabitants of the house will be affected. The house or the apartment of a man acts just like some kind of lens which focuses the influences of the nine planets on its inhabitants and make them feel their interactions. For instance, if a person is in a room located in the north of the house, he is automatically under the influence of Mercury, the ruler of the north. If the person sets up an office there, in which he intends to administer his financial dealings, the influence of Mercury is very beneficial for this endeavor as Mercury foster financial affairs in general. In this case one must see to it that the north is being designed according to Vastu principles. An office in the south dominated by planet Mars is under other influences. The planet Mars tends to foster more pragmatic aspects of life connected to work, research or technology. The following table assigns the dominating planets to each direction:

Direction:

Dominating planet

East	Sun
Southeast	Venus
South	Mars
Southwest	Rahu
West	Saturn
Northwest	Moon
North	Mercury
Northeast	Jupiter/Ketu

This correlation indicates further important qualities of the eight directions and conclusions about their effects on the inhabitants.